

**Virginia Union University Department of Social Work & Sociology  
2016 – 2017 Community Service Hours**

**Community Service Agencies**

*Please contact Dr. Sandra Flynn at [skflynn@vuu.edu](mailto:skflynn@vuu.edu) with updates/ corrections to this listing.*

*Some of the placements where students have direct contact with clients, students, patients, etc. require employees, volunteers and practicum students to be finger printed and pass a background check and /or get a tuberculosis shot.*

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**A Lillie Original Community Strategy** (community organizing and planning)  
Contact: Ms. Lillie Estes, [lillie8693@yahoo.com](mailto:lillie8693@yahoo.com) 804-859-7116

Ms. Estes is helping several Richmond area organizations to help individuals engage in their communities, to facilitate change.

Organizations that she works with include:

**Hope in the Cities:** a race reconciliation program in communities

**Rephrase: Residents of Public Housing in Richmond Against Mass Eviction**

**Resource Information Help for the Disadvantages** Go to RIHD.org for more information

**Richmond Peace Education Center:** a program that helps individuals and organizations solve problems peacefully; Executive Director is Ms. Adria Scharf; Go to RPEC.org for more information.

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**Alzheimer's Association** <http://www.alz.org/grva>

4600 Cox Rd, Suite 130, Glen Allen, 23060

Contact: Mary Ann Johnson, Program Director: 804-967-2582; [maryann.johnson@alz.org](mailto:maryann.johnson@alz.org)

Mission: To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

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**Atlantic Outreach Group** <http://www.aog4u.org>

3212 Cutshaw Ave, Suite 211 Richmond, VA 23230

(AOG is located in the heart of Richmond. Just off Broad Street, next to the CBS 6 TV tower.)

Contact: Mr. Davon Wimbush [dwimbush@aog4u.org](mailto:dwimbush@aog4u.org) 804-308-2648

Mission:

We exist to empower lives by connecting people to the resources necessary for their success. Our strong partnerships allow us to refer individuals to a wide array of essential services available in the Richmond area.

**Big Brothers/ Big Sisters**      <http://www.bigbrobigsis.com/>  
1701 Summit Ave., Suite 200, Richmond, 23230  
Contact: Ms. Margaret Owen    804-261-4940    [mowen@bigbrobigsis.com](mailto:mowen@bigbrobigsis.com)

You have the opportunity to help shape a child's future for the better by empowering them to achieve. Mentor a young boy or girl. Males are especially needed. Online application.

This position is designed for a 1 year minimum commitment; must sign up during their enrollment period during the fall.

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**Bright Futures**  
3007 Birchbrook Rd. Richmond, VA 23228  
Contact: Landanese Jackson: 804-901-3160 Or call 804-266-3808

Agency works with teen moms, to provide them with an environment for success.

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**Brother 2 Brother**  
Sean T. Young, Program Director, Co-Founder  
Sean Young and Lloyd Young, Co-Founders  
Contact: Sean Young 804-539-5647    [youngmindsinc@gmail.com](mailto:youngmindsinc@gmail.com)  
Young Minds Youth and Family Development, Inc., P.O. Box 611, Mechanicsville, VA 23111

Brother 2 Brother is a mentor and coaching program that provides one-to-one and group mentoring services to Black males ages 10-18 in the Richmond Metro area. We are always looking for a few good '\*Men\*-tors' and would welcome the opportunity to speak with your group to give you more information about what we do. As we all know Black males are at higher risk (homicide, suicide, school dropout, truancy, incarceration, young fathers) than any other group without the proper guidance. It is time to take back our sons.

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**Brother's Keeper**  
David Banks (*VUU alum*), Program Director    (804) 353-3586  
5305 West Broad Street, Richmond, Virginia 23230

Brothers' Keeper is a human service agency that is dedicated to serving youth and their families for many years. Our Director and team consisting of Job Coaches, Mentors, School Crisis Counselors, and Day Treatment Clinician and Case Managers have worked in the childcare field for over twenty years. We have served children and young adults with learning disabilities, behavioral challenges, limited vocational skills, foster care, criminal backgrounds, and individuals who are at risk in their home, school, and communities.

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**The Boys and Girls Club of Metro Richmond**  
3601 Branch Ave. Richmond, VA. 23222;  
Contact: Ms. Anne Burgess, 804.329.4300.

Mission: To empower young people, especially those from disadvantaged circumstances, to succeed in life.

Students must complete a volunteer application and have a background check. If approved, volunteers must make a 10-week commitment. Volunteers are expected to have a regular schedule of a minimum of 1-2 hours/ week, and will work in an area of interest to both the volunteer and the Club members. We try to match skills and interests to an activity that would be fun for our volunteers; so much of what we do is building relationships with our members and volunteers provide continuity as well.

Clubs are open Monday through Friday, between 3:00 and 8:00 during the school year. Clubs are not open on the weekends.

Listed are some of the volunteer opportunities that occur in our clubs:

Educational activities (Power Hour – homework help) – Usually occurs between 3:00 and 5:00;

Computer activities; Hobby or group clubs, Art, photography, or dance, Sports activities, etc. and Kid's Café (a dinner program for our members).

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### **Care Alternatives of Virginia**

6802 Paragon Place II, Suite 103, Richmond, VA 23230 804-673-1330 (Office)

Contact: Eric Kelly – Chaplain / Volunteer Coordinator Care Alternatives of Virginia, LLC (**Hospice**)

The primary volunteer role is to provide companionship to the patients and their families. Right now most of our patients are in facilities along with some being in home. Other volunteer services that we offer specialize besides the companionship and office work are the following:

- \* Therapeutic Touch
- \* Massage
- \* Reflexology
- \* Music
- \* Pet Therapy

The process to become a volunteer involves filling out an application, getting a background check done, a TB test and then completing the training/orientation. Our training covers the history of hospice care, family dynamics, HIPAA, boundaries, hand washing, infection control, blood borne pathogens, safety precautions, pain management, aromatherapy, and death and dying: the final stages. In-services are provided quarterly in addition to a program designed to help volunteers deal with stress and self-care management. Our volunteers are very involved in the lives of the patients. They are very much apart of the team and play an intricate role in the care-plan of the patient.

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### **The Carver Promise**

Carver Elementary School, 1110 W. Leigh St; Richmond, VA, 804- 355-0209;

Contact person: Ms. Casey Rogers [crogers@thecarverpromise.org](mailto:crogers@thecarverpromise.org)

Mentors must pass a background check and attend a training session, which will

These training sessions are held at the Carver/VCU Partnership Room, 1103 W Marshall St. You must contact Ms. Rogers for the dates and let her know which training day you will attend.

Mentors meet one hour a week with a designated student between the hours of 9-2 PM, depending on your schedule. Carver is trying to provide a mentor to each student, grades 1-5, in the school.

Please note: you would need to either mentor two students, or do this program and one other to get enough hours each semester. There is also an afterschool program with Carver.

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### **Chesterfield & Richmond Women's Detention/ Diversion Program**

Contact: Superintendent Rita Peters 804-796-4242

7000 Courthouse Rd, Richmond, VA 23832

**The Children's Hospital of Richmond**

2924 Brook Road, Richmond, VA 23220-1298

Contact: Ms. Robin Songer, Volunteer Liaison, at (804) 249-8645.

Volunteers assist in many hospital areas, including: Recreation Therapy, Physical, Occupational and Speech Therapy, Information Desk, Transitional Care Unit, Administration and Clerical Positions, Outpatient Services, and Special Events.

Volunteers are required to commit to at least 6 months, have general good health, complete an Infection Control Health Questionnaire, provide adequate documentation of two measles, mumps and rubeola vaccinations, have a negative TB test, complete a personal interview and follow-up orientation, have a background investigation and reference check, and adhere to strict confidentiality codes and to hospital policies.

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**The Children's Museum of Richmond**

2626 W. Broad St., Richmond, VA

Contact: Ms. Bekah Miller 804-474-7000 ext. 7014 [volunteer@c-mor.org](mailto:volunteer@c-mor.org)

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**ChildSavers** <http://www.childsavers.org/>

200 North 22nd Street, Richmond, VA 23223

Contact: Ms. Lindsay Leach (804) 644-9590 x3007

ChildSavers (formerly Memorial Child Guidance Clinic) is a source of hope for Central Virginia's children. Founded in 1924, the Clinic's legacy of innovation, leadership and care for children has endeared it to three generations of Richmond citizens. Early in its [history](#), ChildSavers turned exclusively to addressing the mental health and developmental needs of children.

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**Community Kitchen**

1415 Rhoadmiller St., Richmond, 23220;

Contact: Lauren Kiger 804-237-8601 [lkiger@feedmore.org](mailto:lkiger@feedmore.org)

Meal preparation and packaging. Mon-Fri - 9 - 1 or 1:30-4:30

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**Coventry Gardens Apartments and Chippenham Place**

211 Newbridge Circle Richmond, VA 23223

Contact: Ms. Linette Johnson, BSW - Neighborhood Network Center Coordinator 804-737-7391 [nccord@fwmgmt.com](mailto:nccord@fwmgmt.com)

Student volunteers assist in providing tutoring, mentoring, help with homework, facilitating groups on social skills / respect and teaching computer classes at the Coventry Gardens and the Chippenham Place Neighborhood Network Center.

Mentoring, Facilitating Groups or Tutoring hours are flexible in the afternoon and some weekends.

Volunteers may work until December or May.

**Department of Corrections - Richmond Headquarters**

The Virginia Department of Corrections, Volunteer Services; P.O. Box 26963 Richmond, Virginia 23261-6963  
Contact: Mr. Louis B. Cei, Ph.D. - Special Programs (804) 674-3296 ext. 1046

The DOC is committed to enhancing, promoting and creating a supportive environment for the utilization of volunteers within prison facilities and community-based correctional programs. The Department is equally committed to developing and implementing methods to engage community involvement in support of the Department's initiatives and goals. For more information about volunteering with the Department of Corrections, please contact the volunteer coordinator at a particular institution or field unit see contact listing), or contact: Dr. Cei (above)

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**Dominion Place**

1025 West Grace Street Richmond, VA 23220  
Contact: Mr. Gregory Ford, MSW 804-355-9114 [gford@BeaconCommunitiesLLC.com](mailto:gford@BeaconCommunitiesLLC.com)

Dominion Place is an apartment community of affordable housing designed for seniors 62 years of age or older and individuals with disabilities. Students have an opportunity to work with a resource coordinator for the residents.

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**Dreamel Henry, LCSW, LLC (VUU Alum)**

7400 Beaufont Springs Drive, Suite 300 Richmond, Virginia 23225 804-327-6823; [lcsw@dreamelhenry.org](mailto:lcsw@dreamelhenry.org)  
[www.dreamelhenry.org](http://www.dreamelhenry.org)

Ms. Henry has her own private practice and is looking for junior social work majors or junior/ senior psychology majors to help her with administrative duties, shadow sessions with clients and groups, and facilitate some workshops.

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**Family Lifeline**

2325 West Broad Street, Richmond, VA 23220 (804) 282-4255 <http://www.familylifeline.org/>  
Contact: Ms. Tracey Wingold, Director of Volunteer Services (804) 249-9343 [attwingold@familylifeline.org](mailto:attwingold@familylifeline.org)

Mission: We partner with individuals and families at critical points in their lives to strengthen overall wellbeing and independence by delivering intensive home and community based services.

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**Northside Family Learning Center** [info@partnershipforfamilies.org](mailto:info@partnershipforfamilies.org)

800 West Graham Road, Richmond, VA 23222 (804) 353-4264  
Contact: Ms. Kamala Benjamin, MSW Family Advocate (804) 353-4264 x111 [kbenjamin@partnershipforfamilies.org](mailto:kbenjamin@partnershipforfamilies.org)

To provide families with the tools and resources needed to create a better future for themselves and their community. Today, we provide vital support and services at critical stress points occurring throughout the lifespan - from the birth of a baby to caring for older adults.

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**East District Family Resource Center**

2405 Jefferson Avenue, Richmond, VA, 23223; (804) 644-4496; <http://www.edfrc.org/>

Core services include needs assessment, basic family sustainability supports such as a food pantry, clothes closet and utility support, educational programming and social programming for youth.

**Food Bank of Central Virginia**

1415 Rhoadmiller Street, Richmond, VA 23220

Contact: Ms. Sudeshna Das-Menezes; (804) 521-3277; [SDMenezes@cvfb.org](mailto:SDMenezes@cvfb.org)

The Central Virginia Food Bank is always in need of an extra pair of hands and welcomes your contribution of time. Volunteers are the backbone of our organization and we would not be able to feed the hungry without YOUR help! If you are 18 years of age or older, we have a position for you!

**Current Volunteer Job Opportunities**

**Community Kitchen Assistants:** contact Lauren Kiger, 804-237-8601; [lkiger@feedmore.org](mailto:lkiger@feedmore.org)

When: Monday-Friday, four-hour shift from 9 a.m. to 1 p.m. or 1:30 to 4:30 p.m.

Where: Community Kitchen at (adjacent to the Food Bank building)

Job Description: Assist with meal preparation and packaging.

**Food Delivery Drivers and Riders**

When: During the school year, Monday-Friday, 12:30-4 p.m.

Where: At our Community Kitchen at 1415 Rhoadmiller St., Richmond (adjacent to the Food Bank building) and to Kids Cafe locations in and around the City of Richmond and the Counties of Chesterfield and Henrico.

Job Description: Volunteer drivers and riders pick up prepared meals and deliver them to various after-school programs in the Richmond Metropolitan area.

**Special Events\*\***

When: Throughout the year

Where: At the CVFB warehouse and other locations throughout Central Virginia

Job Description: Special event volunteers help with our biggest food drives like Scouting for Food in November and the National Association of Letter Carriers food drive in May, and with our Family Fun Day in June. They also help staff tables at smaller food drives throughout the year. We depend on volunteer help and support to make our events a success. If you have a few hours to spare, we have an event for you!

**Warehouse Assistants**

When: Monday-Friday, 9 a.m.-4 p.m.

Where: At the CVFB Warehouse

Job Description: Warehouse assistants sort, pack, discard, and organize products in the warehouse.

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**Friends Association for Children** needs help in a variety of ways at their three locations:

1004 St. John Street - Richmond

929 N. 26th Street - Church Hill

2700 Bensley Commons Blvd. - Southside

Contact: Ms. Jessica Hockett at 644-2357 or [jhockett@friendsassn.org](mailto:jhockett@friendsassn.org)

Music Instructors (Mon. Evenings at Richmond center, Tues. Evenings at Church Hill center) needed to teach lessons in any musical instrument to a child with no previous experience. We will provide an instrument for the student.

After-School Tutors (M-Th at Richmond center any time from 3 to 5 p.m.) needed to assist children (K-12th Grades) with homework and studying after school.

Teacher Assistant (M-F at all centers any time from 9 a.m. to 5 p.m.) needed to help in the preschool classrooms with lessons, games, snacks, etc.

Girl Scout and Boy Scout troops

Step into Manhood group- prefer fraternity brothers to work with this program; meets on Tuesday evenings.

Due to Dept. of Social Services guidelines, all volunteers must obtain a TB Test from their physician (or the Public Health Department) before they can begin volunteering. Volunteers must also submit an affidavit stating they have not been convicted of a felony, or a misdemeanor barrier crime (physical crime against another person).

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**Ginter Park Elementary School**

3817 Chamberlayne Ave (Corner of Chamberlayne & Laburnum), Richmond, VA

Contact: Ms. Indira Williams, Principal 804-780-8193 [William@richmond.k12.va.us](mailto:William@richmond.k12.va.us)

Work with the school social worker and as a mentor for elementary school children.

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**Habitat for Humanity:**

**ReStore** 1901 Roane St, Richmond, VA 23222 (off Chamberlayne & School Sts)

Contact: Mr. Steve Wilson, Director of Retail Operations 804-228-1305

ReStore is a retail store that “recycles” home improvement material—so it acts as a thrift store for windows, doors, hardware, furniture and other home improvement material. Go to [www.richmondhabitat.org](http://www.richmondhabitat.org) to register as a volunteer for Habitat.

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**Hands-On Greater Richmond** [activate@handsongreaterrichmond.ccsend.com](mailto:activate@handsongreaterrichmond.ccsend.com)

7501 Boulders View Drive, Richmond, VA 23225

**Contact** Ms. Kristen Kaplan at 804-330-7400;

This agency coordinates volunteer opportunities all around the greater Richmond area in the areas of Animals, Children & Youth, Education & Literacy, Environment, Homeless & Housing.

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**Harry Co., LLC** – [www.harrycorp.com](http://www.harrycorp.com)

Intensive In-Home Counseling Services

**Agency Contact:** Ms. Yvette Perkins, MSW

3900 Chamberlayne Avenue Richmond, VA 23227 (804) 264-2963

Provides case management, crisis intervention and therapeutic counseling services both for the individual and the family that stabilize and improve client and family functioning, prevent out-of-home placement and reacclimatize youth back into the home, school and the community.

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**Henrico Mental Health Services Connect After School Program** [www.henrico.us.mhds](http://www.henrico.us.mhds)

4825 S Laburnum Ave Henrico County, VA 23231 (Azalea & Chamberlayne, behind Henrico High School)

Contact person: Mr. Roberto Benevidas 804-222-8194 x 3074

This program provides educational programs, tutoring and mentoring to elementary and middle school students.

**HYPE Youth Services, LLC** <http://www.hypeyouthservices.org>

3333 W. Marshall Street, Richmond, VA 23230

Contact: Ms. Nakia J. Madison, LCSW, LMHP Clinical Director (804) 213-0259 [nmadison@hypeyouthservices.org](mailto:nmadison@hypeyouthservices.org)

HYPE was formed in 2009 as a quest to meet the needs of youth in Richmond, Virginia and surrounding counties. Entering 2012, HYPE Counseling Services, the mental health support services adult program, was added to our family. We recognized the importance of providing a quality program that allow children, adolescents and adults to develop the skills necessary for success. HYPE Youth / Counseling Services is strongly committed to enhancing the lives of youth and adults by instilling in them a belief that they have the capabilities to achieve their goals. This is done by surrounding them with caring and supportive staff that lends support and guidance to each and every family in our care.

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**La Cassa Services, Inc.**

1219 Mall Drive Richmond, VA 23235

866-863-9312 [info@lacasaincva.net](mailto:info@lacasaincva.net) ; <http://www.lacasaincva.net/serviceareas.cfm>

The mission of **La Casa, Inc.**, is to assist seniors, persons with disabilities, parents/guardians of disabled persons, and providers and/or caregivers in obtaining or providing all services necessary to achieve and/or maintain independence in the community for themselves or their loved ones.

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**The Lamb's Basket**

5612 Greendale Road. (804)565-8007 or [LAMBSBASKET@aol.com](mailto:LAMBSBASKET@aol.com)

Lamb's Basket is a food pantry in the Lakeside area of Richmond.

Contact: Ms. Ray - Let her know that you are with VUU's Social Work program

Hours are Mon and Wed 10- noon (for stocking the shelves) and Tues, Thurs and Fri from 9:30- 1 to serve clients.

Volunteers must work at least 2 hours on the days that they come.

LAMB's Basket opened in June 2002 as a non-profit organization (LAMB is an acronym for Lakeside Area Ministries Board). Donations and grants from churches, individuals, and organizations stock LAMB's Basket. It is run solely by volunteers. LAMB's Basket aims to provide food to families and individuals in Henrico County. Referrals are made by Central Virginia Food Bank, Catholic Charities, Henrico County Social Services, and the United Way. Information on employment is also available.

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**MCV Hospital** Richmond

Contact: Ms. Barbara Barden: 347-678-3270; [bbarden@richmond.k12.va.us](mailto:bbarden@richmond.k12.va.us)

**This placement is for Juniors only.** The volunteer will work on all of the hospital inpatient and outpatient units; hours will be 4-7 PM. Volunteers will go through a formal orientation with the hospital and will have a tetanus test (TTD).

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**Meals on Wheels**

Contact: Ms. Jackie Farell: 804-934-1951; [jfarell@feedmore.org](mailto:jfarell@feedmore.org)

Pack, load and deliver meals to homebound clients (1-2 hour route), Monday- Friday midday



**Mended Little Hearts**

1303 Glenshade Dr, Midlothian 23114

Contact: Ms. Christy Davis, Group Co-Coordinator: 804-399-9532; [centralva@mendedlittlehearts.org](mailto:centralva@mendedlittlehearts.org)

Program is for children with heart defects; volunteers help to raise awareness of the problems, raise funds, and prepare supplies for the children and their families when the children are hospitalized.

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**Pilgrim's Passage**

Contact: Ms. Jacqueline Poke, VP of External Affairs: 804-218-8442; [jaci@pilgrims-passage.com](mailto:jaci@pilgrims-passage.com)

Work with male offenders who have recently been released from prison and are looking for a job and permanent housing. This position is primarily for male volunteers.

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**Pulliam Innovative Consulting Firm**     [www.picf@yahoo.com](http://www.picf@yahoo.com)

211 N. 18<sup>th</sup> St, Richmond, VA 23231

Contact: Ms. Tonya Pulliam, CEO; 804-248-8464

Volunteers needed for administrative tasks, program development and for working with a school-based intervention program at Carver Elementary School.

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**Richmond City Schools**

Contacts: Ms. Shawmika Wright, MSW – 804.683.2191

Ms. Jamie Whitehead, MSW – 804-837.7949

Ms. Laurie Brooks, MSW - 804-503.5241

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**St. Joseph's Villa for Children**

8000 Brook Rd, Richmond, VA 23227

Contact: Ms. Kimberly Tucker, MSW; 804-553-3210 [ktucker@sjvmail.net](mailto:ktucker@sjvmail.net)

We are a place where children with special needs can learn, grow and thrive. At-risk youth can find their dreams and a way to achieve them. Women and children in crisis can find refuge and renewal. Adults living with disabilities can lead independent lives.

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**Salimah's House**

13305 Old Barn Ct, Midlothian, VA 23112

Contact: Ms. Khidhra Smith, Executive Director     804-263-6060     [khidhrassmith@gmail.com](mailto:khidhrassmith@gmail.com)

There are two main projects:

1. Project Impact Destiny, which works with local middle schools and youth programs to run a 13 week program that helps young women improve their self-esteem and personal strength. Volunteers would work with group development and group programming. This project would be best for juniors.

2. Special events, such as workshops; this may involve evenings and weekends and would be focused on planning and programming
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**Science Museum of Virginia** <http://www.smv.org/>  
2500 W Broad St, Richmond, VA 23220; 804.864.1400  
Contact: Ms. Sarah Farrow 804.864.1514 [sfarrow@smv.org](mailto:sfarrow@smv.org)

The Science Museum of Virginia has hundreds of hands-on experiences to amaze and inspire you! Along with fun ways to explore science, our exhibits provide many ways of meeting the Scientific Investigation, Reasoning and Logic strands in the Virginia Standards of Learning. For freshmen only

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**Second Chance Supportive Services**  
3001 Stockton St., P.O.Box 28333, Richmond, VA 23224  
Contact: Ms. Terri Harrison at 804-269-7404

Second Chance is a residential housing program for homeless men coming out of incarceration, drug treatment centers or who are living with HIV/AIDS. The mission of Second Chance is to provide supportive services to a growing population of homeless men and to enable and assist our residents with an opportunity to enhance their quality of life, and to promote independence.

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**Special Olympics, Virginia**  
3212 Skipwith Rd, Suite 100  
Contact: Mr. Floyd Miller, Director of Urban Programs: 804-726-3035; [fmiller@specialolympicsva.org](mailto:fmiller@specialolympicsva.org)

Work with athletes who have special physical, mental or emotional disabilities.

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**South Richmond Adult Day Care Center**  
1500 N. Hull St, Richmond 23224  
Contact: Ms. Sandra Rollins, MSW Director 804-231-9306  
Work with elderly who are limited by dementia and physical disabilities.

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**Sunrise Senior Living Center**  
North Parham Rd (West end location).  
Contact: Ms. Vikki Fleming: 804-967-0303

Volunteers are needed on Monday and Wednesday evenings, from 6:30- 8 PM to call Bingo for the residents (you do not have to do every Mon and Wed). Volunteers are needed to visit with the residents, play games with them (cards and board games). Volunteers are needed to lead devotions.

**Thirteenth Judicial Court Service Unit**

1600 Oliver Hill Way Richmond, VA 23219

Contact: Ms. Tabitha Young-Osborne 804.646.2948

Ms. Kimberly Jennings 804.646.3705 [kimberly.jennings@djj.virginia.gov](mailto:kimberly.jennings@djj.virginia.gov)

Due to the nature of the agency and the populations that we serve, part of the approval process includes a criminal background check completed. Once your application is received, you will be contacted to schedule a date and time for fingerprinting. It will take approximately 2 weeks to get the results. Upon receipt of your results and the background being acceptable, you will be contacted for orientation. It is the expectation that our interns/volunteers take their participation in the process as serious as they would employment. Therefore, the expectations of all participants are as follows:

- Possess good social skills and ability to work with at-risk populations
- Intern/volunteer 4 or more hours a week and maintain a weekly schedule
- Contact the supervisor directly when unable to show for scheduled days
- Adhere to the CSU Dress Code policy
- Possess moderate level computer skills
- Possess a valid driver's license

In the orientation, these and additional expectations will be discussed in detail.

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**Toys for Tots (Fall semester only)**

To get an application, go to: <http://www.toysfortotsric.org/index.php?id=11>

The mission of the U.S. Marine Corps Reserve Toys for Tots Program is to collect new, unwrapped toys during October, November and December each year and to distribute those toys as Christmas gifts to needy children in the community in which the campaign was conducted. The Toys for Tots program wishes to play an active role in the development of our nation's most valuable natural resource – our children. It is our goal to unite all members of local communities in a common cause for three months each year during the Annual Toy Collection and Distribution Campaign and to contribute to the betterment of communities both now and in the future.

Local Toys for Tots Campaign Coordinators conduct an array of activities throughout the year which include golf tournaments, foot races, bicycle races and other purely voluntary events designed to increase interest in Toys for Tots. At the same time these activities generate toy and monetary donations. The program is a national effort administered locally; the community in which toys will be distributed is the same community in which they were collected. The success of the Program relies on volunteer support and community involvement.

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**The Urban League**

1420 Hull St, Building B3, Richmond, VA 23224 804-230-8791.

Contact Mr. Thomas Victory at: [tvictory@urbanleaguerichmond.org](mailto:tvictory@urbanleaguerichmond.org)

They need: a mature student to help with some education classes, students to follow-up with clients (in the morning), do computer data entry and intake assignments.

The Urban League has a major Gala each March, and needs a student with good computer skills to format information as well as other volunteers to contact sponsors and individuals for the Gala.

**Vigilant Mindz, Inc. Therapeutic Mentoring**

1801 E. Broad St, Richmond, VA 23218

Contact: Mr. Delvin Young Director of Mentoring 804-252-5501

Therapeutic Mentoring provides interactional activities that focus on increasing self-esteem, habilitation, resiliency, the development and improvement of social skills and peer relations, while promoting age appropriate behaviors in normative, non-clinical settings through the use of a one-to-one relationship with a trained and caring mentor. Mentors need some experience in working with youth and families and will be trained prior to working with participants.

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**Virginia One Church One Child**

Baptist General Convention 1214 W Graham Rd, Richmond, VA 23220

<http://www.vaonechurchonechild.org>

Contact: Ms. Kathy Mosby 804-329-3420

The Virginia One Church, One Child, Inc. is a private, nonprofit 501 (C) (3) corporation. We work across the state of Virginia to promote adoption awareness and to recruit adoptive families for Virginia's waiting children. Adoption program: Our primary focus and the priority of our work is finding families for African-American children. We believe in every child's right to love and permanence and do, therefore, work on behalf of all waiting children.

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**The Virginia Rehabilitation Center for the Blind and Vision Impaired**

401 Azalea Avenue Richmond, VA 23227 (804) 371-3151 [www.vrcbvi.org](http://www.vrcbvi.org)

Contact: Ms. Brooke Rogers (804) 371-3338

VRCBVI is operated by the Department for the Blind and Vision Impaired (DBVI); it was established in 1970 to provide comprehensive adjustment services to severely visually impaired Virginians.

We have occasional volunteer opportunities at VRCBVI for individuals who are qualified or could be trained to sit at our reception desk. This person would be responsible for answering a multi-line telephone switchboard, transferring calls to various staff members, greeting visitors, and other light clerical duties as assigned. We are looking for someone who is upbeat, energetic, well-spoken, and professional in appearance.

We also have intermittent needs for Spanish and other foreign language speaking volunteers to work with students who are learning to speak English as a second language

Volunteers assist in all aspects of the VRCBVI program. The following are the most frequently needed volunteer assignments:

Keyboarding Aide, Grounds Beautification Volunteer, Media/Photo/Video Volunteer, Reader, Instructional Aide, Recreation Aide, Hostess

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**Virginia Supportive Housing** 1010 N. Thompson, Richmond, VA

Contact: Ms. Alison Jones-Nassar, the Volunteer Coordinator- 804-836-1061;

[ajonesnassar@virginiassupportivehousing.org](mailto:ajonesnassar@virginiassupportivehousing.org)

There are volunteer orientation opportunities scheduled throughout the year. Projects with VSH include helping clients move into new house, painting rooms, collecting items for people moving into a new apartment (such as kitchen utensils, bathroom accessories, bedding, etc.).

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## **YMCA**

For more information about volunteer opportunities, call (804) 649-9622 or contact your local branch nearest you. Look in the phone book (or on line) for locations—there are many in the area.

<http://www.ymcarichmond.org/association/default.aspx>

The mission of the YMCA of Greater Richmond is to put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

The benefits of volunteering with the YMCA of Greater Richmond are many. We offer volunteers a chance to improve the lives of children and families that make our communities stronger. In addition to feeling great about your efforts, volunteers have the opportunity to: explore personal interests and passions, give back to their community, fulfill community service requirements for school credit, develop new relationships and make friends, gain community service experience to add to college, financial aid, and scholarship applications, learn, grow, and HAVE FUN!

Some volunteer opportunities include, coaching, refereeing, shopping for YMCA Bright Beginnings after-school tutoring, or fundraising. To view our current volunteer opportunities available, visit our Employment Opportunities page. Within the job listings, you will also found our volunteer listings