

# VIRGINIA UNION UNIVERSITY



## BIENNIAL REVIEW REPORT

2010 - 2014

In accordance with the requirements of the Drug Free Schools and Campus Act of 1989 and the Campus Security Act of 1990, institutions must publish a biennial report containing information on campus alcohol and drug policies, programs and standards related to its institution.

## Contents

INTRODUCTION.....	3
VIRGINIA UNION UNIVERSITY’S DRUG AND ALCOHOL PREVENTION PROGRAM .....	4
VIRGINIA UNION UNIVERSITY’S ALCOHOL AND DRUG POLICIES.....	6
ANNUAL NOTIFICATIONS.....	10
ENFORCEMENT OF DISCIPLINARY SANCTIONS.....	11
INCIDENTS ON CAMPUS AND DISCIPLINARY SANCTIONS.....	12
EVAUATION OF VIRGINIA UNION UNIVERSITY’S DRUG AND ALCOHOL PREVENTION PROGRAM.....	21
APPENDIX A HEALTH RISKS.....	22
APPENDIX B VUU DRUG AND ALCOHOL ABUSE EDUCATION AND PREVENTION PROGRAM REPORT.....	24
APPENDIX C VIRGINIA’S LAW – VIOLATION OF ALCHOL AND DRUG.....	44

## INTRODUCTION

### **Purpose of the Report**

In order to comply with the 1989 to the Drug-Free Schools and Communities Act as described in Part 86 of the Education Department General Administrative Regulations (EDGAR)-the Drug Free Schools and Campuses Regulations, Virginia Union University conducted a biennial review of its alcohol and other (AOD) prevention programs. This report is a product of that review, and it covers the 2010-2011, 2011-2012, 2012-1013, and 2013-2014 academic years.

This report describes the efficacy of the Virginia Union University Alcohol and other Drug Prevention program. Also, this report reviews the consistency of the enforcement and disciplinary sanctions.

### **Biennial Review Committee Members**

The following Virginia Union University employees served as Biennial Review Committee Members:

A. Zachary Faison , Vice President, Enrollment Management and Students Affairs

Gregory Lewis, Vice President, Financial Affairs

Dr. Joy Goodrich, Vice President Research, Planning and Special Programs

Carlton Edwards, Chief Virginia Union University Police Department

Hollace Enoch, Director, Human Resources

Mandrake Miller, Director, Residential Life, Housing and Student Integrity and Conduct

Antoinette House, Director Financial Aid Office

Roland T. Lovelace, Head Athlete Trainer

Kristyn Miller, Director, Center for Student Success and Retention

Melody Pannell, Director, Counseling Services

Dr. Julius Scipio, Provost and Vice President Academic Affairs

**The Office of Financial Affairs will be responsible for conducting the biennial review.**

## **VIRGINIA UNION UNIVERSITY'S DRUG AND ALCOHOL PREVENTION PROGRAM DAPP**

Goals for VUU's alcohol and other drugs prevention program are the following:

1. To support a culture and atmosphere free from alcohol and other drug use and abuse for the campus community;
2. To develop and disseminate information for the members of the campus community regarding alcohol and other drug issues for the purpose of education and prevention;
3. To make available alcohol and other drug intervention services, in-patient and out-patient treatment referrals, and provide on-going support for students.

### **Health Risks**

Illegal drugs and excessive alcohol consumption have proven a health risk. Alcoholism is a lifelong disease that can get worse over time. Typical symptoms of alcoholism are: a strong need to drink; not being able to stop drinking; physically depending on alcohol; and needing larger amounts of alcohol to feel high. Drug use leads to changes in how the brain works. At first, most people make a conscious decision to take the drug. Over time, the user feels an intense urge to keep using it. Someone with a drug addiction may need larger amounts or need to use the drug more often to feel high. (See Appendix C for an additional list of health risks)

### **Helpful Resources**

The University offers a variety of helpful resources:

- Employee assistance program
- Face-to-face counseling sessions at no cost to the staff
- Telephonic access to licensed clinicians 24 hours a day, seven days a week

The University Office of Counseling Services provides a range of professional counseling, preventative and educational services that support and address the holistic development of students in a nurturing, safe, non - judgmental and confidential environment. No cost to the student body.

VUU offers a variety of programs designed to educate students, faculty, and staff on various drug and alcohol issues. Substance Abuse Awareness, Education, Preventative, Assessments and Treatment Services are provided through the following venues:

- Substance Abuse Awareness, Online
- Resources and Substances Abuse
- Residence Life and Housing Staff Training
- New Student Orientation Seminars
- General Studies Class Seminars
- Healthy Mind Body and Spirit

- Peer Education Training and Seminars
- Monthly D.A.R.E. Workshops
- Individual Counseling
- Alcohol Collegiate Awareness Month
- Online Resources and Substance Abuse Education

## **VIRGINIA UNION UNIVERSITY'S ALCOHOL AND DRUG POLICIES**

### **Virginia Union University Policy**

The unlawful possession, use, manufacture, distribution or dispensing of a controlled substance while enrolled at, or performing work for, or on the properties of Virginia Union University (VUU), is prohibited. Any student, employee (including administrators, faculty and staff) or campus visitor, determined to have violated this policy, will be subject to appropriate disciplinary action, up to and including expulsion or termination and/or referral for criminal prosecution. The use of alcohol while on the properties of VUU is prohibited except when authorized by the University at designated functions.

### **STUDENT DRUG FREE ENVIRONMENT POLICY STATEMENT**

The welfare and success of Virginia Union University depends on the physical and emotional health of all its students and employees. The abuse of drugs and alcohol poses a serious threat to all members of the Virginia Union family. Commonly abused and improperly used drugs and substances include, among others, alcohol, painkillers, sedatives, stimulants, and tranquilizers, as well as marijuana, cocaine and other illegal drugs. It is the responsibility of students, faculty, staff, and administrators to maintain a safe, healthy and efficient living and learning environment. For that purpose, Virginia Union University has adopted the following policy:

The unlawful possession, use, manufacture, distribution or dispensing of a controlled substance while enrolled at, or performing work for, or on the properties of Virginia Union University, is prohibited. Any student, employee (including administrators, faculty and staff) or campus visitor, determined to have violated this policy, will be subject to appropriate disciplinary action, up to and including expulsion or termination and/or referral for criminal prosecution. The use of alcohol while on the properties of Virginia Union University is prohibited except when authorized by the University at designated functions.

### **EMPLOYEE DRUG FREE WORKPLACE POLICY**

#### **DRUG PREVENTION PROGRAM**

Public Law 100-690. The University declares that it will make every effort to provide its employees with an environment that is free of the problems associated with the unauthorized use and abuse of alcohol and illegal drugs.

The University is a drug-free environment. The University is committed to promoting the wellness and positive self-development of its employees. The unauthorized use and the abuse of alcohol and the illegal use and abuse of drugs inhibit employees from performing at their best potential, exposing them to serious illnesses and health risks, and therefore are prohibited.

Possession or use of alcoholic beverages, illegal drugs or narcotics at any VUU location is prohibited.

- o Alcoholic beverages: Possession or use of alcoholic beverages any place on the University premises is prohibited.
- o Drugs: Possession or use of illegal drugs or narcotics at any place on campus or at any college-sponsored function is prohibited.
- o Upon the receipt of any information that the University, at its own discretion, deems credible of reported drug use by a VUU employee, the VUU employee will be subject to a drug test and/or investigation by the Campus police or other appropriate authorities. Based on positive results of the random drug test employment will be terminated.
- o An employee who is taking prescription medication or other legal drugs that might impair his or her physical or mental faculties could cause injury to him/herself or co-workers. If the prescribed medication causes drowsiness or otherwise impairs the employee's ability to operate equipment or perform assigned duties, the employee's supervisor must be advised immediately. Medication prescribed by a physician should be used in strict accordance with the physician's prescription. Any violation of this policy is subject to disciplinary action, up to and including termination.
- o If an employee realizes that he/she has a substance abuse problem, makes his/her supervisor aware of this problem, and voluntarily seeks help, the University will give the employee an opportunity to seek treatment; however, if the University becomes aware of continued substance abuse, the employee will be terminated, without warning.

The University offers a paid Employee Assistance Program available to all employees with the following services:

- Three (3) face to face counseling sessions at no cost
- Telephonic access to licensed clinicians 24 hours a day, seven days a week
- Direct access to comprehensive, nationwide network of EAP providers who are licensed, master's level behavioral health professionals
- Referrals to community services
- Access to a discounted network of Complementary and Alternative medicine and health and wellness providers

## **SANCTIONS FOR VIOLATION OF POLICY**

Employment by the University carries with it a responsibility to be constantly aware of ethical conduct. Employees must refrain from taking part in, or exerting influence in, any transaction in which their own interest may conflict with the best interests of the University. Any employee who acts in a manner contrary to the best interests of the University will be subjected to such penalties as the circumstances justify.

Specific sanctions:

- Persons found with illegal drugs will be terminated immediately and appropriate law enforcement authorities will be notified. Persons found to be engaged in the sale or distribution of illegal substances anywhere on University premises or at any University-sponsored functions will be immediately dismissed from the University and appropriate law enforcement authorities notified.
- State and federal laws which apply to consumption and use of drugs and alcohol (including motor vehicle violations) will be fully enforced at Virginia Union University.
- If the University becomes aware of continued substance abuse after an employee has agreed to voluntarily seek help through, (1) the Employee Assistance Program (a benefit offered by the University), (2) treatment provided by a personal physician, or (3) treatment provided by another source of human services, the employee will be terminated.

### **Drug-Free Campus/Workplace Policy**

Virginia Union University Campus/Workplace Policy was established to meet the requirements of the Drug-Free Workplace Act of 1988 and the Drug-Free Schools and Communities Amendments of 1989. This policy addresses the following issues related to alcohol and other drug use:

- The standards of conduct expected from students and employees,
- The legal sanctions imposed,
- The health risk,
- Alcohol and other drug programs,
- Disciplinary sanctions

### **Drug-Free Workplace Act**

The Drug-Free Workplace Act of 1989 requires employers who contract with or receive grants from federal agencies to certify that they will meet certain requirements for providing a “drug-free workplace.” The Act becomes applicable when Virginia Union University receives a federal contract for the procurement of property or services valued at \$25,000 or more, and/or receives any federal grant.



## **Drug-Free Schools and Communities Act**

The Drug-Free Schools and Communities Act of 1990 states that in order to receive federal financial assistance of any kind, an institution of higher education must certify that it has “adopted and implemented a program to prevent the unlawful possession, use, or distribution of illegal drugs and alcohol by students and employees.” Each institution must have a program that at the least provides that all students and employees annually receive a written statement covering (1) standards of conduct concerning drugs and alcohol, (2) legal sanctions, (3) health risk, (4) available counseling and treatment programs, and (5) disciplinary sanctions that the institution will impose on students and employees.

## ANNUAL NOTIFICATIONS

Virginia Union University's Drug Abuse Prevention Program (DAPP) is distributed annually to every student and employee.

Notifications to Students: the student's Drug Free Environment Policy Statement will be e-mailed to students annually. (See Appendix A) The policy will be distributed in paper format upon request, posted on the university's website <http://www.vuu.edu>.

Notifications to Employees: the Drug Free Workplace Policy will be e-mailed to all faculty and staff. The e-mail summarizes the key points of the policy and directs staff to the Employee Assistance Program (EAP) website for more information and/or to view the complete Drug and Alcohol Information document. (See Appendix A)

The document can be viewed at the following websites:

- Human Resources [http://www.vuu.edu/human\\_resources.aspx](http://www.vuu.edu/human_resources.aspx)
- Campus Police [http://www.vuu.edu/campus\\_police.aspx](http://www.vuu.edu/campus_police.aspx)
- Current students [http://www.vuu.edu/current\\_students.aspx](http://www.vuu.edu/current_students.aspx)
- [2014 Drug and Alcohol Prevention Program \(DAPP\)](#)
- [Virginia Union University Biennial Review Report 2010-2014](#)
- Virginia Union University <http://www.vuu.edu>

## ENFORCEMENT OF DISCIPLINARY SANCTIONS

Students and employees of the University have a responsibility to be constantly aware of ethical conduct. Employees must refrain from taking part in, or exerting influence in, any transaction in which their own interest may conflict with the best interests of the University. Any employee or student who acts in a manner contrary to the best interests of the University will be subjected to such penalties as the circumstances justify.

### **Students:**

#### *Possible Sanctions for ALL alcohol violations*

- 1st Offense – Disciplinary warning. On-line alcohol program, Community service, Restitution (if no immediate harm to self or the community is imminent)
- 2nd Offense – Conditional probation. Disciplinary probation, Counseling, Suspension held in abeyance (if no immediate harm to self or the community is imminent)
- 3rd Offense – Suspension from the resident hall, Suspension from University, Indefinite suspension from the University and Expulsion.

#### *Possible Sanctions for ALL drug violations*

- Counseling, Restitution, On-line drug program, disciplinary probation, Suspension from the University, Suspension Held in Abeyance, Indefinite Suspension from the University and Expulsion. The Student Code of Conduct can be found on VUU Website [http://www.vuu.edu/current\\_students/code\\_of\\_conduct.aspx](http://www.vuu.edu/current_students/code_of_conduct.aspx)

### **Employees:**

Employment by the University carries with it a responsibility to be constantly aware of ethical conduct. Employees must refrain from taking part in, or exerting influence in, any transaction in which their own interest may conflict with the best interests of the University. Any employee who acts in a manner contrary to the best interests of the University will be subject to such penalties as the circumstances justify.

#### Specific sanctions:

- Persons found with illegal drugs will be terminated immediately and appropriate law enforcement authorities will be notified. Persons found to be engaged in the sale or distribution of illegal substances anywhere on University premises or at any University-sponsored functions will be immediately dismissed from the University and appropriate law enforcement authorities notified.
- State and federal laws which apply to consumption use of drugs and alcohol (including motor vehicle violations) will be fully enforced at Virginia Union University.
- If the University becomes aware of continued substance abuse after an employee has agreed to voluntarily seek help through, (1) the Employee Assistance Program (a benefit offered by the University), (2) treatment provided by a personal physician, or

(3) treatment provided by another sources of human services, the employee will be terminated.

### **INCIDENTS ON CAMPUS AND DISCIPLINARY SANCTIONS**

The chart below shows the alcohol and drug violations and disciplinary sanctions that occurred during the 2010-2011, 2011-2012, 2012-1013, and 2013-2014 academic years. These violations involved students.

<b>Violation Date</b>	<b>Violation</b>	<b>Sanctions</b>
<b>2010</b>		
10/28/2010	Alcohol and Drugs	Probation; Online Drug and Alcohol ed.
11/29/2010	Alcohol	Probation; Online Drug and Alcohol ed.
8/21/2010	Alcohol	Probation; Online Drug and Alcohol ed.
9/30/2010	Alcohol	Probation; Online Drug and Alcohol ed.
10/16/2010	Alcohol	Probation; Online Drug and Alcohol ed.
10/26/2010	Alcohol	Probation; Online Drug and Alcohol ed.
10/2/2010	Drugs	Probation; Online Drug and Alcohol ed.
4/26/2010	Alcohol	Probation; Online Drug and Alcohol ed.

10/15/2010	Alcohol	Probation; Online Drug and Alcohol ed.
4/26/2010	Alcohol	Probation; Online Drug and Alcohol ed.
10/4/2010	Alcohol	Probation; Online Drug and Alcohol ed.
10/26/2010	Alcohol	Probation; Online Drug and Alcohol ed.
10/5/2010	Alcohol	Probation; Online Drug and Alcohol ed.
3/29/2010	Alcohol	Probation; Online Drug and Alcohol ed.
5/4/2010	Drugs	Probation; Online Drug and Alcohol ed.
11/15/2010	Drugs	Possession of drugs in the Residence Hall
10/15/2010	Drugs	Possession with intent to sell, give and distribute 1/2 ounce to 5 lbs.
<b>2011</b>		
3/8/2011	Drugs	Probation; Suspension from Residence Hall; On-line Drug Education
3/1/2011	Drugs	Probation; Research; Counseling

3/8/2011	Alcohol	Probation; Suspension from Res. Hall; On-line Drug Ed.; Acad. Studies plan
3/10/2011	Drugs	Suspension from Res. Hall
3/10/2011	Drugs	Suspension from Res. Hall
3/14/2011	Alcohol	Probation; Online Drug and Alcohol ed.
1/25/2011	Drugs	Suspension from Res. Hall; Counseling
3/10/2011	Drugs	Suspension from Res. Hall; Counseling
12/15/2011	Drugs	Cond. Prob.; comm. serv., curfew
1/25/2011	Drugs	Suspension from Residence Hall; Counsel; On-line Drug Ed. Program
4/1/2011	Alcohol/Drugs	Alcohol/Drugs on University Property
3/23/2011	Drugs	Possession of Drugs in Storer Hall
3/21/2012	Drugs	Suspension from Residence Hall
<b>2012</b>		

3/12/2012	Drugs	Possession of drug paraphernalia
1/2//2012	Drugs	Possession of Controlled Substances
3/26/2012	Drugs	Arrested for Marijuana less than 1/2 oz. and Poss. Of Schedule I or II
2/24/2012	Alcohol	Alcohol violations in Storer Hall
2/24/2012	Alcohol	Involved in an incident involving alcohol in Storer Hall
12/12/2012	Alcohol	Possession of an alcohol bottle
2/24/2012	Alcohol	Alcohol violation in Storer Hall
1/21/2012	Drugs	Possession of marijuana
8/24/2012	Drugs	Strong odor of marijuana coming from room in Storer Hall-3 floor-room 301
<b>2013</b>		
11/4/2013	Smoking Marijuana in Dorm Room	Drug Program
9/18/2013	Was in the room when Marijuana was being smoked	Warning, Needs to enroll Spring 2014 Drug program

10/12/2013	Alcohol/Noise	Disciplinary Warning & Reprimand
10/11/2013	Admitted to smoking marijuana in dorm room	Online Drug Program; Disciplinary Probation; Community Service; Counseling
10/12/2013	Alcohol/Noise	Disciplinary Warning; repeated offence=suspension from dorm
10/17/2013	Alcohol confiscated during room inspections	Warning
10/16/2013	Smoking Violation - Fire Safety/Smoking	Warning
9/10/2013	Sitting on her bed reading a book while marijuana was being smoked in the room	Warning
10/19/2013	Alcohol Bottles Found & Confiscated	Online Program
10/30/2013	Was in the room where marijuana was being smoked	Online Drug Program; Warning
10/30/2013	Allowed individuals in his residence to conduct illegal activity	Favorable Appeal from RLH suspension/ Tutoring/Community Service/Drug Program Candidate
8/28/2013	Admitted to smoking marijuana in res hall	SUSPENDED
9/18/2013	Was in the room when Marijuana was being smoked	Warning
9/22/2013	Admitted to smoking marijuana in res hall; however, was not caught in the action	Online Drug Program; Disciplinary Probation; Community Service



10/17/2013	Alcohol - Confiscated from dorm room	Suspension from RLH Spring 2014
10/11/2013	Admitted to smoking marijuana in dorm room	Online Drug Program; Disciplinary Probation; Community Service; Counseling
10/11/2013	Admitted to smoking marijuana in dorm room	Online Drug Program; Disciplinary Probation; Community Service; Counseling
9/22/2013	Admitted to smoking marijuana in res hall; however, was not caught in the action	Online drug program; disciplinary probation; community service
10/17/2013	Alcohol - Confiscated from dorm room	Warning
10/12/2013	Admitted to smoking marijuana in dorm room	Online drug program; disciplinary probation; community service; counseling
10/10/2013	Admitted to smoking marijuana	Online drug program; disciplinary probation; community service; counseling
8/27/2013	Admitted to smoking marijuana in res hall	SUSPENDED
10/20/2013	Cited for smoking marijuana in dorm room	Suspended from ORLH
9/18/2013	Was in the room when Marijuana was being smoked	Warning
9/4/2013	Was observed smoking marijuana	Online Drug Program; Disciplinary Probation; Community Service; Counseling
10/12/2013	Admitted to smoking marijuana in dorm room	Online drug program, disciplinary probation, community service, counseling

11/15/2013	Drugs	Drug Program
10/12/2013	Admitted to smoking marijuana in dorm room	Online Drug Program; Disciplinary Probation; Community Service; Counseling
10/30/2013	Was in the room where marijuana was being smoked	Online drug program
9/18/2013	Was in the room when Marijuana was being smoked	Warning
9/10/2013	Admitted to smoking marijuana in room	Online drug program; disciplinary probation; community service
10/12/2013	Alcohol/Noise	Disciplinary Warning/Reprimand; Online alcohol education program; community service
9/19/2013	Alcohol confiscated during room inspections	Warning
10/11/2013	Admitted to smoking marijuana in dorm room	Disciplinary Warning; Community Service; Counseling
11/15/2013	Drugs	Suspension from RLH Spring 2014
9/19/2013	Admitted to possession of marijuana	Online Drug Program; Disciplinary Probation; Community Service
9/18/2013	Smoking marijuana in res hall	Online drug program; disciplinary probation; community service
9/17/2013	Participation in the purchase of marijuana	Disciplinary Probation; Community service; online drug program

9/21/2013	Physical Assault/Altercation/Alcohol	Disciplinary warning; community service
10/19/2013	Alcohol Bottles Found & Confiscated	Warning
10/9/2013	Did not admit to smoking marijuana but was caught in dorm room that smelled of marijuana	Favorable Appeal
9/17/2013	Robbery/Purchase and/or sell marijuana	SUSPENDED
10/9/2013	Admitted to smoking marijuana in his dorm room	SUSPENDED FROM DORMS-Online drug program; disciplinary probation; community service
10/30/2013	Was in the room where Marijuana was being smoked	EXPELLED
10/12/2013	Alcohol/Noise	Disciplinary Warning & Reprimand
9/10/2013	Was doing work at the desk on the computer when marijuana was being smoked in res hall room	Warning
10/19/2013	Alcohol Bottle Found & Confiscated	Warning
9/27/2013	Admitted to smoking marijuana in res hall	Online drug program; disciplinary probation; community service
10/19/2013	Alcohol Bottle Found & Confiscated	Warning
10/16/2013	Smoking Violation - Fire Safety/Smoking	Warning

10/18/2013	Disorderly Conduct	Counseling, Disciplinary Probation
------------	--------------------	------------------------------------

**Employees Directed to Drug Testing and Sanctions Imposed 2010-2013**

The chart below shows the alcohol and drug violations and disciplinary sanctions that occurred during our fiscal year. These violations involved staffs.

<b>Drug Testing Date</b>	<b>Suspected Violation</b>	<b>Sanctions</b>
11-12-2013	Drugs	None needed due to negative tests results
11-12-2013	Drugs	Terminated
11-12-2013	Drugs	None needed due to negative tests results
11-12-2013	Drugs	Terminated

**Summary:** During the period of review, four staff members were required to participate in drug testing due to the suspicion of drug use and possession at the workplace. Two of these individuals tested positive for illegal drugs and two tested negative. The two who had positive results were terminated from employment with the University.

## **Evaluation of Virginia Union University's Drug and Alcohol Prevention Program**

The Biennial Review Committee evaluated our policies, procedures, data, and programs, and found the following strengths and weaknesses in the university's DAPP.

### **Strengths**

- Multiple diverse educational programs for students
- An Employee Assistance Program (EAP) for all employees
- We have a licensed counselor on staff that facilitates the programs
- Employees and students have access to campus-based and community resources listed on the website at [http://www.vuu.edu/current\\_students.aspx](http://www.vuu.edu/current_students.aspx)

### **Weaknesses**

- Lack of formal biennial review prior to 2014
- Need to enhance Technology
- Lack of consistent survey data

### **Strategies to Address Weaknesses**

- The university will continue to enhance the programs offered and services.
- The university will send the Department of Education the Biennial Review Report on the date it is due
- Increase technological support

---

### **Evaluation of Effectiveness and Analysis**

The Virginia Union University campus climate and culture may require an increase of stronger sanctions such as suspension or expulsion, during a particular time period, in order to address a specific problem. Conversely, there may be circumstances where counseling, education and rehabilitation are sufficient to address and resolve the behavior/conduct. Based on a review of our statistical data, program data, survey data, research and analysis, our sanctions have been consistently enforced based on the facts and circumstances.

Based on a review of the data regarding students who have received counseling, education and rehabilitation services, there was an overall increase in student's taking advantage of counseling, education and rehabilitation services for peer training and mandated sanctions. 90 % of mandated students were compliant and participated on a high level. Drug education awareness also increased within the student body overall.

**The Office of Financial Affairs will be responsible for conducting the biennial review.**

## APPENDIX A HEALTH RISKS

The use, misuse, and abuse of alcohol and other drugs, both legal and illegal, can have serious consequences to health and well-being. Alcohol and other drug use can lead to psychological and/or physiological dependence and addiction. Information on specific health risks associated with alcohol and other drugs is summarized below and is available in more detail at the following campus locations:

- Student Health Center
- Student Counseling Center
- Campus Police Department
- Department of Human Resources

The Office of Counseling Services and the Department of Human Resources strive to provide unique wellness programs and services that support and encourage the development of positive life changes and healthy life choices. They promote health education and prevention for every VUU employee and student through various programs and initiatives all focused on helping solve health problems. It is their desire to serve the VUU campus community in helping provide easy access to lifestyles that promote health topics. The campus may gain more information about health education by visiting the Student Health Center, and or Office of Counseling Services in Henderson Hall and the C. D. King Building Department of Human Resources on: Monday through Friday 8:30 am – 4:30 pm. The offices offer a variety of presentations and programs that can be accessed by visiting the website at [www.vuu.edu](http://www.vuu.edu).

Alcohol is a central nervous system depressant that can impair coordination, inhibitions, self-control, memory, judgment, and reflexes. Marijuana can increase heart rate, interfere with sexual development, may cause a reduction in male fertility and disrupt the female menstrual cycle. Cocaine can cause feelings of depression, inability, impatience and pessimism. Cocaine has caused death by convulsion, failure of the respiratory system, and by heart attack. Over-the-Counter and Prescription Drugs can also cause drug tolerance, dependence, and addiction.

## APPENDIX A CONTINUED HEALTH RISKS

### Physical and Psychological Effects of Substance Use

SUBSTANCE[and method of use]	Physical/Psychological Effects
<p><i>Alcohol</i></p> <p>Alcohol abuse is a pattern of problem drinking that results in health consequences, social problems, or both. However, alcohol dependence, or alcoholism, refers to a disease that is characterized by abnormal alcohol-seeking behavior that leads to impaired control over drinking.</p>	<p>Short-term effects of alcohol use include: distorted vision, hearing, and coordination impaired judgment altered perceptions and emotions bad breath; hangovers.</p> <p>Long-term effects of heavy alcohol use include: loss of appetite, vitamin deficiencies; stomach ailments; skin problems; sexual impotence; liver damage; heart and central nervous system damage; memory loss.</p>
<p><i>Methamphetamine</i></p> <p>Methamphetamine is a stimulant drug chemically related to amphetamine but with stronger effects on the central nervous system. Street names for the drug include "speed", "meth," and "crank."</p> <p>Methamphetamine is used in pill form or in powdered form by snorting or injecting. Crystallized methamphetamine known as crystal or glass can be smoked and it is a more powerful form of the drug.</p>	<p>The effects of methamphetamine use include: Euphoria; increased heart rate and blood pressure; increased wakefulness; insomnia increased physical activity; decreased appetite; extreme anorexia; respiratory problems.</p> <p>Hypothermia, convulsions, and cardiovascular problems. Which can lead to death irritability, confusion, tremors anxiety, paranoia, or violent behavior can cause irreversible damage to blood vessels in the brain, producing strokes.</p> <p>Methamphetamine users who inject the drug and share needles are at risk for acquiring HIV/AIDS.</p>
<p><i>Cocaine</i></p> <p>Cocaine is a white powder that comes from the leaves of the South American coca plant. Cocaine is either "snorted" through the nasal passages or injected intravenously. Cocaine belongs to a class of drugs known as stimulants, which tend to give a temporary illusion of limitless power and energy that leave the user feeling depressed, edgy, and craving more. Cocaine and crack when smoked and a form of drug that has been chemically altered. Cocaine and crack are highly addictive. This addiction can erode physical and mental health and can become so strong that these drugs dominate all aspects of an addict's life.</p>	<p>Physical risks associated with using any amount of cocaine and crack: increases in blood pressure, heart rate, breathing rate, and body temperature heart attacks, strokes, and respiratory failure hepatitis or AIDS through shared needles brain seizures reduction of the body's ability to resist and combat infection.</p> <p>Psychological risks: violent, erratic, or paranoid behavior hallucinations and "coke bugs"-a sensation of imaginary insects crawling over the skin confusion, anxiety and depression, loss of interest in food or sex. "Cocaine psychosis"-losing touch with reality, loss of interest in friends, family, sports, hobbies and other activities.</p>

<p><i>Hallucinogens</i></p> <p>Hallucinogenic drugs are substances that distort the perception of objective reality. The most well-known hallucinogens include phencyclidine, otherwise known as PCP, or angel dust; lysergic acid diethylamide, commonly known as LSD or acid; mescaline and peyote; and psilocybin, or "magic" mushrooms. Under the influence of hallucinogens, the senses of direction, distance, and time become disoriented. These drugs can produce unpredictable</p>	<p>Physical risks associated with using hallucinogens:  increased heart rate and blood pressure  sleeplessness and tremors  lack of muscular coordination  sparse, mangled, and incoherent speech  decreased awareness of touch and pain that can result in self-inflicted injuries.</p>
<p>erratic and violent behavior in users that sometimes leads to serious injuries and death. The effect of hallucinogens can last for 12 hours.</p> <p>LSD produces tolerance, so that users who take the drug repeatedly must take higher and higher doses in order to achieve the same state of intoxication. This is extremely dangerous, given the unpredictability of the drug, and can result in increased risk of convulsions, coma, heart and lung failure, and even death.</p>	<p>Convulsions  coma; heart and lung failure  Psychological risks associated with using hallucinogens: a sense of distance and estrangement  depression, anxiety, and paranoia  violent behavior  Confusion. Suspicion and loss of control  flashbacks  behavior similar to schizophrenic psychosis  Catatonic syndrome whereby the user becomes mute. Lethargic, disoriented, and makes meaningless repetitive movements.</p> <p>Everyone reacts differently to hallucinogens- there's no way to predict if someone can avoid a "bad trip."</p>
<p><i>Marijuana</i></p> <p>Marijuana is the most widely used illicit drug in the United States and tends to be the first illegal drug teens use. It can be either smoked or swallowed.</p>	<p>Short term effects of using marijuana:</p> <p>Sleepiness  impaired or reduced short-term memory  reduced ability to perform tasks requiring concentration and coordination. Such as driving a car  increased heart rate  potential cardiac dangers for those with preexisting heart disease  bloodshot eyes  dry mouth and throat  decreased social inhibitions  paranoia, hallucinations.</p>
<p>Long-term effects of using marijuana: enhanced cancer risk  decrease in testosterone levels for men; also lower sperm counts and difficulty having children  increase in testosterone levels for women; also increased risk of infertility  demised or extinguished sexual pleasure  psychological dependence requiring more of the drug to get the same effect.</p> <p>The physical effects of marijuana use, particularly on developing adolescents, can be acute. Marijuana blocks the messages going to your brain and alters your perceptions and emotions, vision, hearing, and coordination. A recent study of 1,023 trauma patients admitted to a shock trauma unit found that one-third had marijuana in their blood.</p>	
<p>Source: National Institute on Drug Abuse, 2004</p>	



## APPENDIX B

### VUU DRUG AND ALCOHOL ABUSE EDUCATION AND PREVENTION PROGRAM REPORT

The Office of Counseling Services  
Henderson Center Health Services - 2<sup>nd</sup> Floor Counseling Suites  
(804) 342 – 3812  
[Counseling@vuu.edu](mailto:Counseling@vuu.edu)

#### **Compliance**

In accordance with the Drug – Free School and Communities Act and Part 86 of the Department’s General Administrative Regulations as an Institute of Higher Education (IHE), Virginia Union University has restructured and implemented a Drug and Alcohol Abuse Education and Prevention Program (DAPP) through The Office of Counseling Services. Our Drug and Alcohol Abuse Education Program includes the following program goals and priorities:

1. Prevent the unlawful possession of drugs and alcohol on campus and at recognized events and activities;
2. Prevent the unlawful use of drugs and alcohol on campus and at recognized events and activities;
3. Prevent the unlawful distribution of drugs and alcohol on campus and at recognized events and activities.

The above Drug and Alcohol Abuse Education Program (DAPP) Goals have been met through the program objectives listed below:

1. Distribution of Virginia Union University’s Code of Conduct concerning Drugs and Alcohol Abuse to the entire student body;
2. Distribution of Virginia Union University’s sanctions for the violation of institutional policies concerning Drugs and Alcohol Abuse to the entire student body, as well as sanctions of violations for Federal, State and Local Drug and Alcohol Laws;
3. Distribution of Health Risks associated with Drugs and Alcohol Abuse to the entire student body;
4. Distribution of Virginia Union’s Counseling, Rehabilitation and Treatment Programs and Services to the entire student body;
5. Distribution of a “Statement of Intent” for Virginia Union University to impose sanctions on any student member who violates the Drug and Alcohol Laws, Ordinances and/or Virginia Union University policies.

## **Program Summary**

The report listed below gives a summary of the collected data, services and programs that were implemented during the 2013 – 2014 academic school year and the evaluation of the effectiveness of the Drug and Alcohol Preventive Program (DAPP)

The Office of Counseling Services at Virginia Union University provides a range of professional, preventative and educational substance abuse and substance dependence services that support and address the holistic positive development of students in a nurturing, safe and confidential environment. Our purpose is to enhance awareness, provide education and enable students through rehabilitation treatment to overcome issues of substance abuse and substance dependence in accordance with our Drug and Alcohol Preventative Program goals and objectives. Studies show that students that are involved in substance abuse and substance dependence are at higher risks of non – matriculation at an Institute of Higher Education (IHE). The Office of Counseling Services' Drug and Alcohol Preventative Program empowers students to develop a sense of positive identity, integrity and purpose through successfully moving through autonomy without the interference of substance abuse and substance dependency. Students remain “drug – free” and develop a high level of competence, implement positive coping skills, learn to manage their emotions and develop healthy and productive interpersonal relationships. Ultimately, students at Virginia Union University become educated citizens who possess a strong awareness concerning the psychological, emotional, academic and legal risks of substance abuse and substance dependency. In return students implement positive decision making skills and choose to stay in compliance with the laws and regulations of The Drug – Free schools and Communities Act and Part 86 of the Department's General Administrative Regulations required by Virginia Union University as an Institute of Higher Education.

All Virginia Union University Students have access to The Office of Counseling Services' Drug and Alcohol Prevention Program. The Program is provided for the student body at no additional cost. The Office of Counseling Services is open from 8:30am to 4:30pm, Monday through Friday. Evening programs and services are scheduled throughout the academic year in order to meet the needs of the student body. To access services, students may stop by the office to schedule an appointment in person or by contacting the University Counselor at (804) 342 – 3812 [counseling@vuu.edu](mailto:counseling@vuu.edu).

## **Data and Statistics**

In compliance with the goals and objectives stated above, The Office of Counseling Services' Drug and Alcohol Preventative Program provided substance abuse and substance dependency prevention, policy and response training to the Residence Life and Housing Hall Directors and Resident Assistants prior to the beginning of the new academic school year in August 2013. Training included a review of the Virginia Union University Polices and the Federal, State and Local Laws, the VUU Code of Conduct, the Health Risk of Drugs and Alcohol and Information on the counseling, rehabilitation and treatment of the DAPP. Lastly, The Office of Residence Life Hall Directors and Resident Assistants were given the mandate of the “Statement of Intent” concerning their “duty” to impose sanctions in accordance with the drug and alcohol laws, ordinances and/or

our institutional policies. Number of Participants: **40**

The Office of Counseling Services' Drug and Alcohol Preventative Program, in collaboration with Campus Police, The Office of Student Integrity and Conduct and The Office of Residence Life provided substance abuse and substance dependency prevention, policy and response training to the incoming first – year class at the New Student Orientation Enrollment Management and Student Affairs Seminars prior to the official beginning of classes in August 2013. Number of Participants: **488**

The Office of Counseling Services' Drug and Alcohol Preventative Program provided additional substance abuse and substance dependency education to The Healthy Mind, Body and Spirit Peer Educators. Number of Participants: **15**

The Office of Counseling Services' Drug and Alcohol Preventative Program provided additional substance abuse and substance dependency education to Students that were sanctioned through The Office of Student Conduct and Integrity. Number of Participants: **45**

The Office of Counseling Services' Drug and Alcohol Preventative Program provided additional substance abuse and substance dependency education through Individual Counseling Sessions. Number of Participants: **12**

The Office of Counseling Services' Drug and Alcohol Preventative Program provided additional substance abuse and substance dependency education and assessment to two General Studies Class (GST) Seminars in September 2013 and October 2013 respectively. First – Year Students in these classes were administered the “Alcohol Use Disorder Identification Test (AUDIT – C) as a part of the “Check Yourself” resource grant initiative program from SAMSA for Historically Black Colleges and Universities. Number of Participants: **80**. Alcohol Use Categories included O: Abstainer 1 – 7: Low – Risk Drinker and 8 – 12: High – Risk Drinker. 89 % of students fell into the 1 – 7: Low – Risk Drinker Category.

The Office of Counseling Services' Drug and Alcohol Preventative Program in collaboration with River City Comprehensive Counseling Services conducted the CORE Survey Summary. (See attached). Number of Participants: **44**

**Total Participants in The Office of Counseling Services' DAPP: 592**

## **DAPP Annual Student Survey (Tobacco, Alcohol & Marijuana Specific)**

### **Summary and Recommendations:**

The Core Tobacco, Alcohol, & Marijuana survey was developed to measure Tobacco, Alcohol & Marijuana usage, as well as attitudes and perceptions among college students attending four year institutions. The survey was administered to Virginia Union University students during a series of Substance Use Awareness Education Workshops conducted by River City Comprehensive Counseling Services, LLC. The outcomes of this survey are intended to measure drinking and drug use behaviors, as well as students' perception of norms surrounding tobacco, alcohol and marijuana use among VUU students.

The VUU students that attended the Substance Use Awareness Education Workshop had the opportunity to be included in this study, resulting in 44 student participants over the course of four workshops from 1/25/2014 through 3/29/2014. Students participating in the survey encompassed all ethnic backgrounds, socioeconomic, and class status (e.g. freshman, sophomore, etc.). Findings from this survey reflect real time attitudes, perceptions, and alcohol and drug usage on campus.

VUU is a private four year university which caters to predominately African-American students. Virginia Union is steeped with a rich and illustrious history dating back to the 1800's in serving freed slaves. This history bestows a richness not found on many college campuses. Within Virginia Union University there exists a passion to serve and educate reflected amongst the Faculty, Staff, Alumni and the Students. With this in mind River City offers its insight, experience and expertise to maintain and enhance the educational experience for the students.

These findings reflect areas to celebrate and build upon:

- Table 12 presents that 93% of students ARE aware of the existence of campus wide alcohol and drug policies.
- Table 29 indicates that two-thirds of the students confirm that the social atmosphere on this campus does NOT promote alcohol use.
- Table 29 also indicates that two-thirds of the students confirm that the social atmosphere on this campus does NOT promote drug use.
- Table 39 reflects that 59% of students feel that other's students drinking DOES NOT interfere with their lives.
- 

These findings also reflect areas of attention:

- Table 12 indicates a close split of VUU students not being aware that the campus has a drug and alcohol prevention/education program.
- Table 19 presents that 43% of students indicated a perception that students on campus use

marijuana on a daily basis, and 21% of students indicated a perception that students on campus use alcohol on a daily basis.

- Table 25(b) indicates a high percentage of students report increased harassment, threats and actual violence, theft, and risky sexual behavior after consuming alcohol or drugs.
- Table 29 presents an elevated response from students (42%); do not feel safe on the campus.
- Table 39 indicates that 75% of students do not believe that alcohol use adversely affects their involvement on an athletic team or organized group.
- 

Based upon our findings, we recommend the following Substance Use related programs for the benefit of Virginia Union University:

1. Continuation of our relationship with the presentation of periodic Substance Use Education Workshops for mandated students who violated the established campus substance abuse policy and volunteer peer-coaching students.
2. Implementation by River City Comprehensive Counseling Services LLC, and collaboration with Virginia Union University coaching staff, of an Athletic Substance Abuse Education Program/Athletic Code of Conduct and Commitment to Excellence standards for all student athletes pertaining to the use of alcohol, illegal drugs, performance enhancing drugs, over the counter drugs and any other substance banned by the institutions collegiate athletic governing board.
3. The establishment of a “Recovery Campus” or “Collegiate Recovery Program (CRP), directed along with clinical treatment and guidance, provided by River City Comprehensive Counseling Services LLC. A collegiate recovery program (CRP) is a supportive environment within the campus culture that reinforces the decision to disengage from alcohol and drugs. It is designed to provide an educational opportunity alongside recovery support to ensure that students do not have to sacrifice one for the other.
4. Consider an annual contractual relationship with River City Comprehensive Counseling to provide Virginia Union University unlimited, 24 hour accessible, psychiatric counseling and treatment services to include:
  - Individual, family and couples counseling
  - Therapy and Psycho-educational groups
  - Forensic counseling and groups consisting of alcohol counseling and treatment, as well as, substance abuse counseling and treatment
  - Crisis Stabilization Program and
  - Mental Health Support Services.

## DAPP Annual Student Survey (Tobacco, Alcohol & Marijuana Specific) Detailed Findings

### Characteristics of Survey Population

Table 1- Classification

Item	Total/ %
Freshman	19 ( 43.2)
Sophomore	6 (13.6)
Junior	11 (25)
Senior	8 (18.2)
Grad/professional	0 (0)
Not seeking degree	0 (0 )
Other	0 (0 )

Table 2 – Age

Item	Total/ %
18	12 (27.3)
19	9 (20.5)
20	4 (9.1)
21	7 (15.9)
22	4 (9.1)
23	6 (13.6)
24	2 (4.6)

Table 3 - Ethnic Origin

Item	Total (%)
American Indian/Alaskan Native	1(2.3)
Hispanic	0(0)
Asian/Pacific Islander	1(2.3)
White (non-Hispanic)	0(0)
Black(non-Hispanic)	37(84.1)
Other	5(11.4)

Table 4 - Marital Status

Item	Total (%)
Single	44(100)
Married	0(0)
Separated	0(0)
Divorced	0(0)
Widowed	0(0)

Table 5 - Gender

Item	Total (%)
Male	25 (56.8)
Female	19 (43.2)

Table 6 - Is your current residence as a student?

Item	Total (%)
On-campus	36 (81.8)
Off-campus	8 (18.2)

Table 7 - Are you working?

Item	Total (%)
Full-time	0(0)
Part-time	11(25.0)
No	33(75.0)

Table 8 - Living Arrangements:

A: Where B: With Whom

Item	Total (%)
(a) Where	
House/apartment/etc.	7(15.9)
Residence Hall	37(84.1)
Approved housing	0(0)
Fraternity or sorority	0(0)
Other	0(0)
(b) With whom	
With roommates	37(84.1)
Alone	5 (11.4)
With parents	2 (4.6)
With spouse	0(0)
With children	0(0)
Other	0(0)

Table 9 - Approximate grade point average

Item	Total (%)
A+	
A	2(4.6)
A-	
B+	
B	4(9.1)

B-	10(22.7)
C+	9(20.5)
C	9(20.5)
C-	6(13.6)
D+	2(4.6)
D	
D-	
F	1( 2.3)
Other	1/(2.3)

Table 10 - Some students have indicated that alcohol or drugs use at parties they attend in and around campus reduce their enjoyment, often lead to negative situations and therefore they would rather not have alcohol or drugs available and used. Other students have indicated that alcohol and drug use at parties increases their enjoyment, often leads to positive situations, and therefore would rather have alcohol or drugs available and used. Which of these is closest to your own view?

Item	Have available (Total %)	Not have available (Total % )
With regards to drug	0 (0)	44 (100)
With regards to alcohol	0 (0)	44 (100)

Table 11 - Student Status

Item	Total (%)
Full-time (12+ credits)	44(100)
Part-time (1-11 credits)	0(0)

Table 12 - Campus situation on alcohol and drugs

Item	Yes (Total %)	No (Total %)	I don't know (Total %)
Does your campus have alcohol and drug policies?	41(93.2)	1 (2.3)	2 (4.6)
If so are they enforced?	40 (90.9)	0 (0)	4 (9.1)
Does your campus have a drug and alcohol prevention program?	22 (50.0)	2 (4.6)	20 (45.5)
Do you believe your campus is concerned about prevention of drug and alcohol use?	30 (68.2)	6 (13. 4)	8 (18.2)
Are you actively involved in efforts to prevent drug and alcohol use problems	7 (15.9)	37 (84.9)	0 (0)



on your campus?			
-----------------	--	--	--

Table 13 - Place of permanent residence

Item	Total (%)
In-state	21(47.2)
USA-but not in state	22(50.0)
Country other than USA	1(2.3)

Table 14 -Think back the last two weeks. How many times have you had five drinks at a sitting?

Item	Total (%)
None	34 (77.3)
Once	2 (4.6)
Twice	3 (6.8)
3-5 times	3 (6.8)
6-9 times	2 (4.6)
10 or more	0 (0)

Table 15 - Average # of drinks you consume a week

Item	Total (%)
0.0	32 (72.7)
0.1	2 (4.6)
0.2	5 (11.4)
0.3	4 (9.1)
0.4	0 (0)
0.5	1 (2.3)
0.6	0 (0)
0.7	0(0)
0.8	0 (0)
0.9	0 (0)

Table 16 - At what age did you first use...

Item	Tobacco (Total %)	Alcohol (Total %)	Marijuana (Total %)
Did not use	3 (6.8)	11 (25)	24 (54.6)
Under 10	0(0)	2 (4.6)	0 (0)
10-11	0 (0)	1 (2.3)	0 (0)
12-13	1 (2.3)	1 (2.3)	2 (4.6)
14-15	2 (4.6)	6 (13.6)	6 (13.6)
16-17	2 (4.6)	9 (20.9)	2 (4.6)
18-20	7 (15.9)	10 (22.7)	7 (15.9)
21-25	1 (2.3)	4 (9.1)	4 (9.1)
Total	44 (100)	44 (100)	44 (100)

Table 17 - Within the last year about how often have you used...

Item	Tobacco (Total %)	Alcohol (Total %)	Marijuana (Total %)
Did not use	32 (72.7)	16 (36.4)	28 (63.6)
Once/year	4 (9.1)	4 (9.1)	2 (4.6)
6 times/year	1 (2.3)	3 (6.8)	1 (2.3)
Once/month	0 (0)	2 (4.6)	1 (2.3)
Twice /month	0 (0)	12 (27.3)	5 (11.4)
Once/week	1 (2.3)	6 (13.6)	0 (0)
3 times/week	2 (4.6)	1 (2.3)	4 (9.1)
5 times/week	0 (0)	0 (0)	1 (2.3)
Everyday	4 (9.1)	0 (0)	2 (4.6)
Total	44 (100)	44 (100)	44 (100)

Table 18 - During the last 30 days on how many days did you have...?

Item	Tobacco	Alcohol	Marijuana
0 days	36 (81.8)	28 (63.6)	38 (86.4)
1-2	1 (2.3)	6 (13.6)	3 (6.8)
3-5	0 (0)	6 (13.6)	0 (0)
6-9	1 (2.3)	3 (6.8)	1 (2.3)
10-19	2 (4.6)	1 (2.3)	0 (0)
20-29	2 (4.6)	0 (0)	1 (2.3)
30 days	2 (4.6)	0 (0)	1 (2.3)
Total	44 (100)	44 (100)	44 (100)

Table 19 - How often do you think the average student on your campus uses...?

Item	Tobacco (Total %)	Alcohol (Total %)	Marijuana (Total %)
Never	11 (25)	8 (18.2)	8 (18.2)
Once/year	2 (4.6)	1 (2.3)	0 (0)
6 times/year	1 (2.3)	1(2.3)	2 (4.6)
Once/month	0 (0)	2 (4.6)	1 (2.3)
Twice/month	0 (0)	1 (2.3)	0 (0)
Once/week	2 (4.6)	6 (13.6)	4 (9.1)
3 times/week	4 (9.1)	9 (20.9)	7 (15.9)
5 times /week	2 (4.6)	7 (15.9)	1 (2.3)
Everyday	22 ( 50)	9 (20.9)	19 (43.2)
Total	44 (100)	44 (100)	44 (100)

Table 20 - Where have you used...?

Item	Tobacco (Total %)	Alcohol (Total %)	Marijuana (Total %)
Never	32 (72.7)	15 (34.1)	27 (61.4)
On campus events	2 (4.6)	1 (2.3)	0 (0)
Residential Hall	2 (4.6)	5 (11.4)	3 (6.8)
Frat/sorority	0 (0)	1 (2.3)	0 (0)
Bar/restaurant	1 (2.3)	9 (20.9)	0 (0)
Where you live	5 (11.4)	12 (27.3)	5 (13.1)
In a car	4 (9.1)	1 (2.3)	2 (4.6)

Private Parties	2 (4.6)	8 (18.2)	6 (13.6)
Other	4 (9.1)	4 (9.1)	6 (13.6)
Total	44 (100)	44 (100)	44 (100)

Table 21- Please indicate how often you have experienced the following due to your drinking or drug use during the last year...

Item	Never (Total %)	Once (Total %)	Twice (Total %)	3-5 times (Total %)	6-9 times (Total %)
Had hangover	29 (65.9)	5 (11.4)	5 (11.4)	3 (8.6)	2 (4.6)
Performed poorly on a test or important project	36 (81.8)	2 (4.6)	2 (4.6)	1 (2.3)	3 (9.1)
Been in trouble with the police, residence hall, or other authorities	34 (77.3)	9 (20.9)	2 (4.6)	0 (0)	0 (0)
Damaged property, pulled fire alarm etc...	42 (95.5)	2 (4.6)	0 (0)	0 (0)	0 (0)
Got into argument or fight	38 (86.4)	4 (9.1)	0 (0)	1 (2.3)	1 (2.3)
Got nauseated or vomited	20 (45.5)	8 (18.2)	5 (11.4)	0 (0)	1 (2.3)
Driven a car while under the influence	41 (93.2)	0 (0)	1 (2.3)	0 (0)	2 (4.6)
Missed class	34(77.3)	4 (9.1)	3 (6.8)	2 (4.6)	0 (0)
Been criticized by someone I know	35 (79.6)	3 (6.8)	1 (2.3)	3 (8.6)	0 (0)
Thought I might have a drinking or drug problem	38 (86.4)	1 (2.3)	2 (4.6)	2 (4.6)	1 (2.3)
Had a memory loss	39 (88.6)	4 (9.1)	1 (2.3)	0 (0)	0 (0)
Done something I later regret	36 (81.8)	4 (9.1)	0 (0)	1 (2.3)	1 (2.3)
Been arrested for DW/DUI	44 (100)	0 (0)	0 (0)	0 (0)	0 (0)
Have been taken advantage of sexually	38 (86.4)	3 (6.8)	1 (2.3)	0 (0)	1 (2.3)
Have taken advantage of another sexually	42 (95.5)	1 (2.3)	0 (0)	0 (0)	1 (2.3)
Tried unsuccessfully to stop using ...	38 (86.4)	3 (6.8)	1 (2.3)	0 (0)	1 (2.3)
Seriously thought about suicide	41 (93.2)	1 (2.3)	0 (0)	1 (2.3)	1 (2.3)
Seriously tried to commit suicide	42 (95.5)	1 (2.3)	0 (0)	0 (0)	1 (2.3)
Been hurt or injured	40 (91.0)	2 (4.6)	2 (4.6)	0 (0)	0 (0)

Table 22 - Has any of your family had alcohol or other drug problems?

Item	Total (%)
Mother	6 (13.6)
Father	8 (18.2)
Stepmother	4 (9.1)
Stepfather	3 (6.8)
Brothers/sisters	3 (6.8)
Mother's parents	3 (6.8)
Father's parents	5 (11.4)
Aunts/uncles	10 (22.7)

Spouse	0 (0)
Children	0 (0)
None	27 (61.4)

Table 23 - If you volunteer any of your time on campus to help, please indicate the approximate number of hours per month and principal activity:

Item	Total (%)
Don't volunteer/any hours	24 (54.6)
1-4 hours	11 (25.0)
5-9 hours	3 (6.8)
10-19 hours	4 (9.1)
16 or more	2 (4.6)
Total	44 (100)

Table 24- Within the last year to what extent have you participated in any of the following activities?

Item	Not involved (Total %)	Attended (Total %)	Active involvement, non-leadership (Total %)	Leadership position (Total %)	Total (%)
Intercollegiate Athletics	37 (84.9)	0 (0)	6 (13.6)	1 (2.3)	44 (100)
Intramural or club sports	38 (86.4)	0 (0)	5 (11.4)	1 (2.3)	44 (100)
Social Fraternities or sororities	38 (86.4)	4 (9.1)	1 (2.3)	1 (2.3)	44 (100)
Religious and interfaith groups	32 (72.7)	8 (18.2)	4 (9.1)	0 (0)	44 (100)
Minority and ethnic organizations	38 (86.4)	3 (6.8)	1 (2.3)	2 (4.6)	44 (100)
Political and social action groups	43 (97.7)	1 (2.3)	0 (0)	0 (0)	44 (100)
Music and other performing arts groups	37 (84.9)	4 (4.6)	2 (4.6)	1 (2.3)	44 (100)
Students' newspaper, radio, and TV magazine, etc...	41 (93.2)	1 (2.3)	1 (2.3)	1 (2.3)	44 (100)
International Language	40 (91.0)	3 (6.8)	0 (0)	1 (2.3)	44 (100)

Table 25 - In the first column indicate whether any of the following have happened to you within the last year while you were in and around campus. If you answer yes to any of these items, indicate in the second column if you had consumed alcohol or other drugs shortly before these incidents

(a)

Item	Yes (Total %)	No (Total %)
Ethnic or racial harassment	2 (4.6)	42 (95.5)
Threats of violence	5 (11.4)	39 (88.6)
Actual physical violence	6 (18.2)	38 (86.4)
Theft involving force or threat of force	2 (4.6)	42 (95.5)
Forced sexual touching or fondling	4 (9.1)	40 (91.0)
Unwanted sexual intercourse	2 (4.6)	42 (95.5)

(b) Consumed Alcohol or Drugs

Item	Yes (Total %)	No (Total %)
Ethnic or racial harassment	33 (75.0)	11 (25.0)
Threats of violence	34 (77.3)	10 (22.7)
Actual physical violence	36 (81.8)	8 (18.2)
Theft involving force or threat of force	34(77.3)	10 (22.7)
Forced sexual touching or fondling	36 (81.8)	8 (18.2)
Unwanted sexual intercourse	36 (81.8)	8 (18.2)

Table 26 - How do you think your close friends feel (or would feel) about you...

Items	Don't disapprove (Total %)	Disapprove (Total %)	Strongly disapprove (Total %)
Trying to smoke marijuana once or twice	23 (52.3)	12 (27.3)	9 (20.5)
Smoking marijuana occasionally	19 (43.2)	14 (31.8)	11 (25)
Smoking marijuana regularly	15 (27.3)	16 (36.4)	13 (29.6)
Taking cocaine once or twice	10 (22.7)	8 (18.2)	26 (61.1)
Taking cocaine regularly	9 (20.5)	10 (22.7)	25 (56.8)
Trying LSD once or twice	9 (20.5)	8 (18.2)	27 (61.4)
Trying LSD regularly	9 (20.5)	8 (18.2)	27 (61.4)
Trying amphetamines once or twice	10 (22.7)	17 (41.5)	17 (41.5)
Trying amphetamines regularly	10 (22.7)	7 (15.9)	17 (41.5)

Taking one or two drinks of alcohol beverage (beer wine, liquor) nearly everyday	17 (41.5)	10 (22.7)	17 (41.5)
Taking four or five drinks nearly everyday	12 (27.3)	10 (22.7)	22 (50.0)
Having five or more drinks in one sitting	16 (36.4)	18 (40.9)	10 (22.7)
Taking steroids for body building or improved athletic performance	9 (20.5)	7 (15.9)	28 (63.3)

Table 27 - Do you believe that alcohol has the following effects?

Item	Yes (Total %)	No (Total %)
Breaks ice	25 (56.8)	19 (43.2)
Enhance social activity	25 (56.8)	19 (43.2)
Makes it easier to deal with stress	14 (31.8)	30 (68.2)
Facilitates a connection with peers	20 (45.5)	24 (54.6)
Gives people something to talk about	24 (54.6)	20 (45.5)
Facilitates male bonding	16 (36.4)	28 (63.3)
Facilitates female bonding	17 (41.5)	27 (61.4)
Allows people to have more fun	23 (52.3)	21 (47.7)
Gives people something to do	20 (45.5)	24 (54.6)
Makes food tastes better	12 (27.3)	32 (72.7)
Makes women sexier	11 (25.0)	33 (75.0)
Makes men sexier	11 (25.0)	33 (75.0)
Makes me sexier	10 (22.7)	34 (77.3)
Facilitates sexual opportunities	17 (41.7)	27 (61.4)

Table 28 - On this campus, drinking is central part in the social life of the following groups:

Item	Yes (Total %)	No (Total %)
Male students	27 (61.4)	17 (41.7)
Female students	29 (65.9)	15 (27.3)
Faculty /staff	16 (36.4)	28 (63.3)
Alumni	21 (47.7)	23 (52.3)
Athletes	19 (43.2)	25 (56.8)
Fraternity	24 (54.6)	20 (45.5)
Sorority	23 (52.3)	21 (47.7)

Table 29 - Campus involvement:

Item	Yes (Total %)	No (Total %)
------	---------------	--------------

Does the social atmosphere on this campus promote alcohol use	13 (29.6)	31 (70.5)
Does the social atmosphere promote other drug use?	14 (31.8)	30 (68.2)
Do you feel safe on this campus	27 (61.4)	17 (41.7)

Table 30 - Compare to other campuses with which you are familiar, this campus' use of alcohol is...

Item	Yes (Total %)	No (Total %)
Greater than other campuses	19 (43.2)	25 (56.4)
Lesser than other campuses	17 (41.7)	27 (61.4)
About the same as other campuses	28 (63.3)	16 (36.4)

Table 31- Housing preference:

Item	Yes (Total %)	No (Total %)
If you live in university housing, do you live in a designated alcohol free/ drug free residence hall?	34 (77.3)	10 (22.7)
If no would you like to live in such a residence hall unit if it were available	34 (77.3)	10 (22.7)

Table 32 - To what extent do students on this campus care about problems associated with...

Item	Not at all (Total %)	Slightly (Total %)	Somewhat (Total %)	Very much (Total %)
Alcohol and other drug use	18 (40.9)	16 (36.4)	9 (20.5)	1 (2.3)
Campus vandalism	22 (50.0)	13 (29.6)	5 (11.4)	4 (9.1)
Sexual assault	17 (41.7)	8 (18.2)	5 (11.4)	14 (31.8)
Assailant that are non -sexual	16 (36.4)	13 (29.6)	9 (20.6)	6 (18.2)
Harassment because of gender	19 (43.2)	9 (20.5)	9 (20.9)	7 (15.9)
Harassment because of sexual orientation	20 (45.5)	9 (20.5)	7 (15.9)	8 (18.2)
Harassment because of race or ethnicity	23 (52.3)	7 (15.9)	6 (18.2)	8 (18.2)
Harassment because of religion	22 (50.0)	7 (15.9)	7 (15.9)	8 (18.2)

Table 33/34 - To what extent has your alcohol use changed within the last 12 months?

Item	Alcohol (Total %)	Drug (Total %)
I have not used	14 (31.8)	23 (52.3)
About the same	9 (20.5)	2 (4.6)
Increased	10 (22.7)	11 (25.0)
Decreased	10 (22.7)	8 (18.2)

Table 35 - How much do you think people risk harming themselves (physically or in other ways?)

Try marijuana once or twice	25 (56.8)	6 (13.6)	2 (4.6)	4 (9.1)	7 (15.9)
Smoke marijuana occasionally	22 (50.0)	6 (13.6)	4 (9.1)	4 (9.1)	8 (18.2)
Smoke marijuana regularly	21 (47.7)	4 (9.1)	5 (11.4)	6 (13.6)	8 (18.2)
Try cocaine once or twice	14 (31.8)	2 (4.6)	2 (4.6)	13 (29.6)	13 (29.6)
Take cocaine regularly	13 (29.6)	1 (2.3)	1 (2.3)	15 (34.1)	14 (31.8)
Try LSD once or twice	13 (29.6)	1 (2.3)	1 (2.3)	15 (34.1)	14 (31.8)
Take LSD regularly	13 (29.6)	1 (2.3)	1(2.3)	15 (34.1)	14 (31.8)
Try amphetamine once or twice	13 (29.6)	1 (2.3)	1 (2.3)	15 (34.1)	14 (31.8)
Take amphetamine regularly	13 (29.6)	2 (4.6)	1 (2.3)	14 (31.8)	14 (31.8)
Take one or two drinks of alcohol beverage (beer, wine , liquor)	12 (27.3)	4 (9.1)	7 (15.9)	10 (22.7)	11 (25.0)
Take four or five drinks nearly everyday	11 (25.0)	3 (6.8)	6 (13.6)	13 (29.6)	11 (25.0)
Have four of five drinks in one sitting	11 (25.0)	2 (4.6)	6 (13.6)	14 (31.8)	11 (25.0)
Take steroids for body building or improved athletic	12 (27.3)	2 (4.6)	3 (6.8)	13 (29.6)	14 (31.8)



performance					
Consume alcohol prior to being sexual active	12 (27.3)	2 (4.6)	3 (6.8)	13 (29.6)	14 (31.8)
Regularly engage in unproductive sexual activity with partner	12 (27.3)	3 (6.8)	3(6.8)	12 (27.3)	14 (31.8)
Regularly engage in unproductive sexual activity with multiple partners	11 (25.0)	1 (2.3)	1 (2.3)	16 (36.4)	15 (34.1)

Table 36 - Mark one answer for each line:

Item	Yes (Total %)	No (Total %)
Did you have sexual intercourse within the last year?	34 (77.3)	10 (22.7)
Do you drink alcohol the last time you had sexual intercourse?	12 (27.3)	32 (72.7)
Did you use other drugs last time you had sexual intercourse	10 (22.7)	34 (77.3)

Table 37 - During the past 30 days to what extent have you engaged in any of the following behaviors?

Item	0 times (Total %)	1 time (Total %)	2 times (Total %)	3-5 times (Total %)	6-9 times (Total %)	10 or more (Total %)
Refuse an offer of alcohol or drug	22 (50.0)	5 (11.4)	1 (2.3)	8 (18.2)	4 (9.1)	4 (9.1)
Bragged about your alcohol or other drug use	41 (93.2)	1 (2.3)	0 (0)	0 (0)	2 (4.6)	0 (0)
Heard someone else brag about his/her alcohol or drug use	27 (61.4)	5 (11.4)	1 (2.3)	10 (22.7)	1 (2.3)	0 (0)
Carried a weapon such as a gun, knife, etc.	40 (90.1)	2 (4.6)	0 (0)	0 (0)	1 (2.3)	1 (2.3)

(hunting situation or weapons used as part of your job)						
Experienced peer pressure to drink or use drugs?	39 (88.6)	0 (0)	2 (4.6)	2 (4.6)	1 (2.3)	0 (0)
Held a drink to have people bothering you about why you weren't drinking	40 (90.1)	3 (6.8)	0 (0)	0 (0)	1 (2.3)	1 (2.3)
Thought a sexual partner was not attractive because he/she was drunk	41 (93.2)	1 (2.3)	0 (0)	0 (0)	0 (0)	2 (4.6)
Told a sexual partner that he/she was not attractive because he/she was drunk	40 (90.1)	2 (4.6)	0 (0)	0 (0)	1 (2.3)	1 (2.3)

Table 38 - To what extent do you agree with the following statements?

Item	Strongly agree (Total %)	Agree (Total %)	Neutral (Total %)	Disagree (Total %)	Strongly Disagree (Total %)	Don't know (Total %)
I feel valued as a person on this campus	19 (43.2)	9 (20.5)	10 (22.7)	1 (2.3)	1 (2.3)	4 (9.1)
I feel that faculty and staff care about me as a student	14 (31.8)	13 (29.6)	8 (18.2)	1 (2.3)	3 (6.8)	5 (11.4)

I have a responsibility to contribute to the well-being of other students	15 (27.3)	13 (29.6)	18 (40.9)	0 (0)	0 (0)	3 (6.8)
My campus encourages me to help others in need	15 (27.3)	9 (20.5)	11 (25.0)	2 (4.6)	3 (6.8)	4 (9.1)
I abide by the university policy and regulations that concern alcohol and drug use	17 (41.7)	14 (31.8)	7 (15.9)	1 (2.3)	0 (0)	5 (11.4)

Table 39 - In which of the following ways does other students' drinking interfere with your life on or around campus?

Item	Yes (Total %)	No (Total %)
Interrupts your studying	16 (36.4)	28 (63.6)
Makes you feel unsafe	14 (31.8)	30 (68.2)
Messes your physical living space (cleanliness, neatness, organizations, etc...)	11 (25.0)	33 (75.0)
Adversely affects your involvement on an athletic team or in other organized groups...	11 (25.0)	33 (75.0)
Prevents you from enjoying events	13 (29.6)	31 (70.5)
Interferes in other way(s)	16 (36.4)	28 (63.6)
Doesn't interfere with my life	18 (40.9)	26 (59.1)

## APPENDIX C

### VIRGINIA'S LAW – VIOLATION OF ACHOL AND DRUG PENALTIES FOR ILLEGAL POSSESSION OF ALCOHOL UNDER VIRGINIA LAW

According to Code of Virginia §§§ 4.1-305 (c), 16.1-278.9 and 16.1-278.8:

- It is illegal for anyone under 21 to possess any alcoholic beverage. Violators are guilty of a Class 1 misdemeanor and, upon convictions, face a fine of up to \$2,500 and/or a year in jail and/or 50 hours of community service, and can lose their driver's license for up to a year. The court may also order substance abuse counseling and treatment.
- Use of false ID to obtain alcohol is a criminal offense. A penalty may include driver's license suspension through a judicial procedure.  
([http://prevention.gwu.edu/penalties-violation-alcohol-and-drug-laws#Virginia Laws](http://prevention.gwu.edu/penalties-violation-alcohol-and-drug-laws#Virginia%20Laws))

### PENALTIES FOR ILLEGAL POSSESSION OR DISTRIBUTION OF ILLEGAL DRUGS UNDER VIRGINIA LAW

According to the Code of Virginia § 18.2-248:

- Possession of marijuana, upon conviction, exposes the violator to a misdemeanor conviction for which the punishment is: Misdemeanor confinement in jail for up to 30 days and a fine of up to \$500, either or both. Upon a second conviction, punishment is confinement in jail for up to one year and a fine of up to \$2,500, either or both.
- Possession of a Schedule I or Schedule II controlled substance results in a Class 5 felony – imprisonment of one to 10 years, or confinement in jail for up to 12 months and a fine of up to \$2,500, either or both.
- Possession of a Schedule III controlled substance results in a Class 1 misdemeanor – confinement in jail for up to 12 months and a fine of up to \$2,500, either or both.
- Possession of Schedule IV controlled substance results in a Class 2 misdemeanor - confinement in jail for up to six months and a fine of up to \$1,000, either or both.
- Possession of a Schedule V controlled Substance results in a Class 3 misdemeanor – fine of up to \$500
- Possession of a Schedule VI controlled substance results in a Class 4 misdemeanor – fine of up to \$25  
([http://prevention.gwu.edu/penalties-violation-alcohol-and-drug-laws#Virginia Laws](http://prevention.gwu.edu/penalties-violation-alcohol-and-drug-laws#Virginia%20Laws))

### PENALTIES FOR ILLEGAL POSSESSION OR DISTRIBUTION OF ILLEGAL DRUGS UNDER FEDERAL LAW

It is a violation of federal law to possess, manufacture, or distribute a controlled substance. Defined by federal statute, controlled substances include, but are not limited to, marijuana, cocaine, PCP, LSD, and other narcotics. A student or employee found guilty of possessing a controlled substance may be subject to some or all of the following sanctions under federal law:

- First conviction: Up to one year imprisonment and a fine of at least \$1,000, or both.
- With one prior state or federal drug conviction: At least 15 days in prison, not to exceed two years and fined at least \$2,500, or both.
- After two or more prior drug convictions: At least 90 days in prison, not to exceed three years, and/or a fine of at least \$5,000 (21 U.S.C. § 844(a)).

Federal law may require the forfeiture of property used to possess or to facilitate possession of a controlled substance (21 U.S.C. § 881(a)), and the forfeiture of vehicles, boats, aircraft or any other conveyances used to transport or conceal a controlled substance (21 U.S.C. § 881(a)(4)). In addition, any individual who knowingly possesses a controlled substance may be assessed a civil fine of up to \$10,000 (21 U.S.C. § 844a).

Upon a drug conviction, the federal government may also deny or revoke federal benefits, such as student loans, grants, contracts, and professional and commercial licenses, for up to one year for first offense, and up to five years for second and subsequent offenses, (21 U.S.C. § 862(b)).

Persons convicted for the manufacture and/or distribution of controlled substances are subject to increased fines, jail time, and ineligibility for or revocation of federal benefits (21 U.S.C. §§ 841, 862).

**Students** who are convicted under any state or federal law for possessing or selling a controlled substance while they are receiving any federal grant, loan, or work assistance will not be eligible to receive the aid for the following time periods:

	<b>Possession</b>	<b>Sale</b>
1st Offense	1 year	2 Years
2nd Offense	2 Years	Indefinite
3rd Offense	Indefinite	

Students may resume eligibility earlier if: (1) they complete a drug rehabilitation program that includes two unannounced drug tests and otherwise meets Department of Education requirements; (2) they pass two unannounced drug tests administered by an approved drug rehabilitation program; or (3) if the conviction is reversed, set aside or otherwise rendered invalid (20 U.S.C. § 1091(r)).