

20 Things You Need To Know About Sexual Assault

- 1. You have a right to say “No”—no matter what.**
- 2. Go with friends or to a public place on a first date or a blind date.**
- 3. Charge your cell phone and make sure you have money for a taxi.**
- 4. Alcohol and drugs impair your ability to make clear decisions and decrease your sexual inhibitions.**
- 5. Don't accept drinks from people you don't know or don't trust.**
- 6. Keep your drink with you at all times at a party, a club, or anywhere.**
- 7. Communicate your sexual boundaries/limits directly and firmly.**
- 8. If a situation feels uncomfortable, or seems suspicious/dangerous, leave immediately and go to a safe place.**
- 9. Let friends know if you plan on going with someone, where are you going, and when/if you'll be back.**
- 10. If you're sexually assaulted, report it right away. If you've been raped don't clean up, change clothes or tamper with evidence. Call 911 and go to the emergency room immediately.**
- 11. “No” means “No”—no matter what.**
- 12. Sexual assault includes any unwanted sexual contact, from touching to rape.**
- 13. Date rape is a crime that has serious consequences.**
- 14. Even if you have had sex before, don't assume that your date wants to have sex again.**
- 15. Be sure you and your potential partner clearly communicate your intentions to each other.**
- 16. “Consent” means agreeing to an action freely, voluntarily, and with knowledge of the nature of the Act.**
- 17. “Consent” to one form of sexual activity is not permission to partake in every type of sexual activity.**
- 18. If you receive unclear or conflicting messages, stop what you are doing immediately.**
- 19. Date rape is a crime that has serious consequences.**
- 20. Men can be victims of sexual assault.**